

**IDFA Summary of State WIC Food Package Flexibilities in Response to COVID-19 Allowable Substitutions in effect until May 31, 2020**

Updated April 2, 2020

Source: Food Marketing Institute [website](#)

<b>State</b>	<b>Milk*</b>	<b>Cheese</b>	<b>Yogurt</b>
Arkansas	Any available fat content		
Arizona	Any available fat content		
Delaware	Any available fat content		
Colorado	Any available fat content		Any available fat content
Hawaii	Any available fat content	12-ounce containers of cheese when the prescribed size is not available	
Florida	Any available fat content		
Idaho	Any available fat content		
Indiana	Any available fat content		Any available fat content
Illinois	Any available fat content		
Iowa	Any available fat content		
Kentucky	Any available fat content		
Louisiana	Any available fat content		
Nevada	Any available fat content		
North Carolina	Any available fat content		
North Dakota	Any available fat content		
Maine	Any available fat content	12-ounce containers of cheese when the prescribed size is not available	
Maryland			Any available fat content
Minnesota	Any available fat content		
Montana	Any available fat content		
Missouri	Any available fat content		
Ohio	Any available fat content		
Rhode Island	Any available fat content		6 oz. or 3 oz. and 32 to 35 oz. containers of yogurt when the prescribed size is not available. Participants must still select yogurts that meet federal requirements.
Texas	Any available fat content		
Utah	Any available fat content; The least expensive brand should be sold when the store brand is not available.		Any fat content yogurt may be substituted for the fat content listed on WIC checks. This applies to currently authorized brands of yogurt.

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Vermont		12-ounce containers of shredded cheese and string cheese when the prescribed size is not available, despite the designation of their food package.	Any available fat content
Wisconsin	Any available fat content		

\* For participants prescribed whole milk, the State agency will inform participants to select the highest fat milk available. For participants prescribed fat free or 1% milk, the State agency will inform participants to select the lowest fat milk available

Information on USDA Regulations for WIC food packages can be found at this: [link](#).

State WIC agencies may make specific adjustments for WIC eligible foods a list of WIC approved foods for each state can be found here: [here](#)