

IDFA Summary of State WIC Food Package Flexibilities in Response to COVID-19 Allowable Substitutions in effect until May 31, 2020

Updated April 7, 2020

Source: Food Marketing Institute [website](#)

| State | Milk* | Cheese | Yogurt |
|--------------|--|---|---------------------------|
| Arizona | Any available fat content | | |
| Arkansas | Any available fat content | | |
| Colorado | Any available fat content | | |
| Delaware | Any available fat content | | Any available fat content |
| Florida | Any available fat content | | |
| Hawaii | Any available fat content | 12-ounce containers of cheese when the prescribed size is not available | |
| Idaho | Any available fat content | | |
| Illinois | Any available fat content | | |
| Indiana | Any available fat content | | Any available fat content |
| Iowa | Any available fat content | | |
| Kentucky | Any available fat content | | |
| Louisiana | Any available fat content | | |
| Maine | Any available fat content | 12-ounce containers of cheese when the prescribed size is not available | |
| Maryland | | | Any available fat content |
| Minnesota | Any available fat content | | |
| Missouri | Any available fat content | | |
| Montana | Any available fat content | | |
| Nevada | Any available fat content | | |
| New Jersey | <p>The current authorized WIC food is the store brand only- Fluid, Evaporated/Canned (whole, reduced fat 2%, low fat/light 1% or fat free/skim).</p> <ul style="list-style-type: none"> • Substitution – Any brand of Milk <i>Example: if a participant's check says 1 Gallon 1% or Skim milk Store Brand, they can get 1 Gallon 1% or Skim milk Any Brand.</i> • Substitution – For checks listing whole milk, participant can change to any size container whole milk. | | |

IDFA Summary of State WIC Food Package Flexibilities in Response to COVID-19 Allowable Substitutions in effect until May 31, 2020

Updated April 7, 2020

Source: Food Marketing Institute [website](#)

| State | Milk* | Cheese | Yogurt |
|----------------|---|--|--|
| | <p><i>Example: if a participant's check says 1 Gallon whole milk, they can get 2 Half Gallons, Whole milk.</i></p> <ul style="list-style-type: none"> • Substitution – For checks listing low fat milk (1% or Skim), participants can change to any size container 1% or Skim. <i>Example: if a participant's check says 1 Gallon 1% or Skim milk, they can get 2 Half Gallons, 1% or Skim milk</i> • Substitution – Organic milk can be redeemed for the type of milk listed on the check. • Substitution – Organic soy can be redeemed for the type of soy milk listed on the check | | |
| North Carolina | Any available fat content | | |
| North Dakota | Any available fat content | | |
| Ohio | Any available fat content | | |
| Rhode Island | Any available fat content | | 6 oz. or 3 oz. and 32 to 35 oz. containers of yogurt when the prescribed size is not available. Participants must still select yogurts that meet federal requirements. |
| Texas | Any available fat content | | |
| Utah | Any available fat content; The least expensive brand should be sold when the store brand is not available. | | Any fat content yogurt may be substituted for the fat content listed on WIC checks. This applies to currently authorized brands of yogurt. |
| Vermont | | 12-ounce containers of shredded cheese | Any available fat content |

IDFA Summary of State WIC Food Package Flexibilities in Response to COVID-19 Allowable Substitutions in effect until May 31, 2020

Updated April 7, 2020

Source: Food Marketing Institute [website](#)

| State | Milk* | Cheese | Yogurt |
|--------------|---------------------------|---|---------------|
| | | and string cheese when the prescribed size is not available, despite the designation of their food package. | |
| Wisconsin | Any available fat content | | |

* For participants prescribed whole milk, the State agency will inform participants to select the highest fat milk available. For participants prescribed fat free or 1% milk, the State agency will inform participants to select the lowest fat milk available

Information on USDA Regulations for WIC food packages can be found at this: [link](#).

State WIC agencies may make specific adjustments for WIC eligible foods a list of WIC approved foods for each state can be found here: [here](#)