THE ROLE OF MELTDOWN EVALUATION IN SENSORY QUALITY CONTROL



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BACKGROUND

Ice cream is changing

- Product parameters being shaped by consumer-generated constraints
 - "Natural", good-for-you, etc. (see Ice Cream's Healthy Future, Dairy Foods, March, 2018)
 - Taken us into uncharted waters by eliminating or restricting the use of ingredients traditionally used to develop/stabilize structural properties historically associated with quality excellence.
 - * Overrun, texture , creaminess/richness, shelf life.
 - » (MDG, PS 80, cellulosic gums, etc.)
 - » Most alternatives less functional, more vulnerable to processing variables than our old friends.

» Challenge to QC - more vigilance required to detect quality shortcomings – need as many tools as possible.



SENSORY EVALUATION IN QUALITY CONTROL

- Beyond hedonic perceptions.
- Requires skilled panel, trained to detect and identify departures from established standards for each product.



SENSORY EVALUATION IN QUALITY CONTROL

- Roots in early decades of 20th century — First butter standards, then others.
 □Ice cream included in 1920s.
- Key factor in industry development.
 Importance illustrated by annual Collegiate Dairy Products Evaluation Contest.



SENSORY EVALUATION IN QUALITY CONTROL

Description.

- Consensus has been reached on characteristics that represent departures from perfection in butter, cheddar cheese, cottage cheese, milk, yogurt and ice cream.
 - Each identified by universally accepted descriptive term.
 - - *For QC application, ADSA list needs expansion.



ICE CREAM DESCRIPTORS ON ADSA LIST

Additions needed

APPEARANCE Package Package smear Distorted Lacks integrity Product Unnatural color Mottled Serum separation Short fill/overfill Voids Shrinkage Expansion

Inclusion/multiflavors Irregular distribution Deficient Lacks differentiation

FLAVOR

Lacks fine flavor Low/high flavor level Low/high sweetness *Harsh* Unnatural

Foreign Syrup Cooked Lacks freshness Old ingredient Whey Oxidized Rancid Salty Unclean

Microbiological

Acid
 Fermented, putrid

<u>BODY</u>

Weak Gummy Crumbly/*Short* Fluffy/Soggy

TEXTURE Coarse Icy Sandy

Greasy

<u>MELT BEHAVIOR</u> •Lacks or excess shape retention •Foamy •Flaky/curdy •Whey separation



VALUE OF MELTDOWN EVALUATION

 No other way to achieve consumer visual perception.

Is this what consumers are seeing?







VALUE OF MELTDOWN EVALUATION

Focus on body (structure)

 Critical to perception of richness, creaminess.
 A key element of consumer quality judgment.

 Provides useful insights into broad range of other sensory properties.

-Simple, so why not use it?















MELTDOWN BEHAVIOR

important index of infrastructure.

- The behavior/appearance of a portion of ice cream as it melts.
- Textbook description:
 - -Melt should be smooth and homogeneous, resembling mix before freezing.
 - Possibly asking too much, considering how we want it to behave. For example:
 - *Holding air desirable in frozen state. Should it be undesirable in melted product?
 - * Degree of fat agglomeration that produces desirable behavior at the freezer may produce shape retention on melting.

Overview of meltdown descriptors



MELTDOWN BEHAVIOR

Too slow/too fast.

- —More precisely, refers to shape retention during/following melting.
- Slow loss.
 - High solids, low overrun, small air cells.
 - High degree of fat agglomeration
- Often associated with greasy texture, short/crumbly body, even shrinkage
 Rapid loss (often associated with weak body).
 Low solids, low degree of water control (low viscosity in unfrozen portion), extreme degree of fat agglomeration.



MELTDOWN DESCRIPTORS

Flaky/Curdy.

- Flecks of material in or on the melt.
- Traditionally described as curdy.
- Useful to use two different terms to distinguish between two possible causes.
 - -Flaky: appears on surface.
 - * From excess fat agglomeration.
 - *Often associated with slow loss of shape.



MELTDOWN DESCRIPTORS Flaky/curdy

- -Curdy.
 - Appears in, not on, the melt.
 - * Destabilized protein.
 - » Dairy source with borderline protein stability can be destabilized by effects of processing, freezing and hardening.
 - High temperature.
 - Shear.
 - Freeze concentration of instability factors.



MELTDOWN DESCRIPTORS

- Serum (whey) separation.
 - Translucent fluid separates from the rest of the melted product.
 - Released by destabilized protein.
 - Often associated with curdiness.
- Achieving consistency in meltdown behavior is as important as for other QC parameters - fat, TS, other sensory descriptors,



MELTDOWN OBSERVATION

- Scientific observation
 - -Weighed portion placed on screen over funnel.
 - Amount of fluid collected measured at intervals.
 - -Shape retention recorded via photos



Basic set-up



MELTDOWN OBSERVATION

 Scientific observation Weighed portion placed on screen over funnel. Amount of fluid collected measured at intervals. Shape retention recorded via photos



Scientific version Dr. Erich J. Windhab, Evolved into..... **ETH (Federal Institute** of Technology), Zurich.



Meltdown Analyzer – available commercially





<u>erta fides</u>



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USA Representative : Wisconsin Oven Distributors LLC http://www.memmertusa.com tslaboven@memmertusa.com (262) 594-3941



MELTDOWN OBSERVATION AT QC LEVEL

- Sampling
 - Size uniformity
 - Avoid distortion of structure
 - Melon scoop is useful tool





MELTDOWN SAMPLING AT QC LEVEL

- Subjective observation
 - Place small portion on dark background, observe melting behavior during other elements of sensory evaluation





MELTDOWN BEHAVIOR



Observe at appropriate time (~20')



EXAMPLES OF MELTDOWN BEHAVIOR



MELTDOWN BEHAVIOR









Initial appearance.



Complete retention of shape – note surface features.







Rapid loss of shape-- smooth, uniform, foamy



Which is the more acceptable? It depends on what is typical for each product. Both are acceptable if within the range of typical behavior.





If this is typical...

This is unacceptable







This is unacceptable

But, if this is typical...

Obvious defects are not acceptable.







Shape retention, with flakes ,separation, curdiness



SI. shape retention, sl. flaky.





Gelling , holds air bubbles.





Shape retention, with separation, curdiness.





SI. shape retention, sl. flaky.





Strong shape retention, surface features intact, sl. separation,





Gelled , curdy , separation





Heavier gelling, some surface feature retention and flakiness, separation/curdiness.





Collapse, severe flaky. Separation could be from protein destabilization, or serum released by heavy fat agglomeration.









Shape retention, flaky, (very greasy); sl. separation, curdy.







Separation, sl. curdy Shape retention, (greasy - found lump of fat)

V. sl. gelled, sl. foamy

Meltdown evaluation process can provide useful input into corollary elements of structure.





Now, that's gummy!

Meltdown evaluation can be an important part of sensory quality control.

- Now, more than ever!
- Questions?



FOR MORE INFORMATION



BRUCE W. THARP L. STEVEN YOUNG Tharp & Young on Ice Cream: Technical Short Course December 5-7. 2018 Las Vegas, NV

> June 17-21, 2019 National University of Singapore

For information on the book and course, visit <u>www.onicecream.com</u>



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 - -For excellent organization of the conference.
 - -For another opportunity for me to participate.
- To all of you for your attention and courtesy over the years.

