

July is National Ice Cream Month

Celebrate National Ice Cream Month by enjoying an ice cream sundae, root beer float, banana split, milkshake or a classic ice cream cone.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 One of the most important ingredients in ice cream is air. Without it your favorite flavor would be hard as a rock.	2 In 1945, the first "floating ice cream parlor" was built for sailors in the western Pacific.	3
4	5 America's favorite flavor of ice cream is vanilla; chocolate is 2nd.	6 The first ice cream cone was made by Italo Marchiony in New York City.	7 Immigrants on Ellis Island were served Ice Cream as part of their first meal in America.	8 Alexander the Great enjoyed snow and ice flavored with honey and nectar.	9 World Record for Largest Ice Cream Scoop Pyramid is held by Carvel. It was made up of 3,894 scoops in 2002.	10
11	12 It takes an average of 50 licks to finish one scoop of ice cream.	13 Dolly Madison created a sensation when she served ice cream at the second Inaugural Ball.	14 More ice cream is sold on Sunday than any other day of the week.	15 Until 1800, ice cream remained a rare and exotic dessert enjoyed mostly by the elite.	16 Around 1800, insulated ice houses were invented and ice cream soon became an industry in America.	17
18 National Ice Cream Day	19 Mexico imports more ice cream from the U.S. than any other country.	20 Federal regulations state that ice cream must have 10% milk fat. Gourmet or premium ice cream must have at least 12% milk fat.	21 The U.S. enjoys an average of 48 pints of ice cream per person, per year, more than any other country.	22 80 percent of the world's vanilla bean used for ice cream is grown in Madagascar.	23 Chocolate syrup is the most popular ice cream topping.	24
25	26 "Brain freeze" is triggered when ice cream touches the roof of your mouth on a hot day causing blood vessels in the head to dilate.	27 Ice cream novelties such as ice cream on sticks and ice cream bars were introduced in the 1920's.	28 Americans consume the most ice cream in the world per capita.	29 More than 90% of American households purchase ice cream.	30 The first advertisement for ice cream appeared in the New York Gazette on May 12, 1777.	